



Attaining Your Personal Best

5 Methods of ReM.A.D.E. Living Conference

Friday, December 13, 2013 – 7:30 p.m. Kick-Off
 Saturday, December 14, 2013 – 9:00 AM to 4:00 PM Conference
 724 - B Montana Dr. | Charlotte, NC 28216



Keynote Speaker:
Nathaniel J. Williams,
 Ed.D., MHS, MPA, MBA

www.drnatwilliams.com and
www.attainingyourpersonalbest.com

Schedule

FRIDAY	
7:30 p.m.	Conference Kick-Off Meet and Greet
SATURDAY	
8:30 a.m.	Registration Desk Open/Continental Breakfast
9:00 a.m.	Welcome and Introduction – Dr. Nathaniel J. Williams
9:15 a.m.	5 Methods of ReM.A.D.E. Living
11:00 a.m.	MINDSET – Diane London
12:00 p.m.	LUNCH (provided)
1:00 p.m.	ATTITUDE – Michelle and Lorenzo Moore
2:00 p.m.	DEMEANOR – Yvette Roberts and Kristina Nelson
3:00 p.m.	EMPOWERMENT – Lee McLeod
4:00 p.m.	Empowerment Celebration! - Brandi Q. Hancock

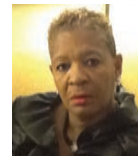
Facilitators



■ **Lee McLeod**
 – Reading, PA



■ **Yvette Roberts**
 - Charlotte, NC



■ **Diane London**
 – Bethlehem, PA



■ **Kristina Nelson**
 - Chicago, IL



■ **Lorenzo Moore**
 - Charlotte, NC



■ **Brandi Q. Hancock**
 - Charlotte, NC



■ **Michelle Moore**
 - Charlotte, NC

Free Registration
Seating is limited. On-line admission ticket must be presented at door.

To register, visit:
<https://aypbcharlotte2013.eventbrite.com>

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ReM.A.D.E. Conference Discount Hotel Rate: \$78.65/night | Call (704) 423 9931
 Hyatt Place Charlotte Airport/Tyvola Road | 2950 Oak Lake Boulevard | Charlotte, NC 28208